

Baseball Pitch Count Data Sheet

League: _____

Division: _____

Additional Pitch Count forms are available on the District 44 website Tournament Resources page.

8-10 — Junior League

League Age	Max Pitches Per Day	# of Pitches Thrown	Days of Rest
8	50	1 - 20	0
9-10	75	21 - 35	1
11-12	85	36 - 50	2
13-14	95	51 - 65	3
		> 65	4

Senior League

League Age	Max Pitches Per Day	# of Pitches Thrown	Days of Rest
13-16	95	1 - 30	0
		31 - 45	1
		46 - 60	2
		61 - 75	3
		> 75	4

Date of Game***	Level of Play*	Pitcher	League Age	Name of Opponent	Score**		# Pitches Thrown	Threshold Reached	# Days Rest Needed	Official Scorer or Pitch Counter Initials	Manager Initials	Tournament Director Signature
					Own	Opp						
7/1	District	Joe Smith	12	Downtown	7	8	21	20	0	I.N.T.	I.N.T.	Signature

*The level of tournament play (District, Section, Division, Region, WS)
 **Score should be the score when this pitcher finished pitching in the game. Use additional sheets if more space is required.
 ***Under no circumstance shall a player pitch in three (3) consecutive days (Tournament Rule 4)